

The Ten Best Spas in Canada!

As reported in Glow Magazine May/June
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.....*Innovative treatments*

**Madrona Del Mar Spa.
Galiano Oceanfront Inn & Spa
Galiano Island B.C**



Why we love it: The Healing and detoxifying Healthy Hemp Experience features local organic hemp that's rich in omega-3 and omega-6. The three-hour treatments begins with a deep steam, followed by an exfoliation with crushed hempseed, hemp oil and cane sugar and a purifying body mask using a blend of hemp powder and B.C glacial clay, and finishes with a massage with hemp and avocado lotion.

Try: The slate and marble flotation bath (it's actually a room) - it's large enough for two and especially romantic by candlelight.

Cost: The three-hour Healthy Hemp experience is \$275.00; the 60 minute Hemp Seed sugar scrub is \$100.

For Details call 1-877-530-3939 or visit galianoinn.com