

## Vancouver Magazine March 2008

### 6 Great Spa Getaways



Inspired by the country-chic style of Provence, the Madrona del Mar Spa at the Galiano Inn makes use of fruits and plants indigenous to the West Coast in all its treatments—the hemp glacial clay wrap, for instance, uses a special blend of organic hemp powder and B.C. glacial clay, considered the best in the world.

**Go for The Mediterranean Sea Flotation Bath** (\$60, 60 minutes)—float effortlessly in the sea-green slate and tile pool that’s filled with warm water and saturated with sea mineral salts.

The Blackberry Vinotherapy massage (\$130, 60 minutes) uses a local island blackberry port (blackberries grow in abundance throughout the Gulf Islands, and are loaded with antioxidants and anti-aging properties) blended with massage oil. Tired toes get pampered with the Decadent & Deluxe Pedicure and Foot Facial (\$100, 90 minutes). The treatment includes a scalp massage while your feet absorb a rich shea-butter mask.

**Check in.** Conny Nordin, the inn’s well-travelled proprietor, brings meticulous attention to each oceanfront room (from \$249); a wood-burning fireplace, heated European tile floors in the ensuite, and a Madrona massage table hidden in the beautiful custom wall cabinetry allow for most spa treatments to be taken in-room.

The **Vintages Wine Shop**, located next to the inn’s **Atrevida Restaurant**, stocks limited-production artisan wines, including hard-to-source bottles from the Cowichan Valley, southern Gulf Islands, and boutique Okanagan wineries. 134 Madrona Dr., Galiano Island, 250-539-3388. [Madronadelmarspa.com](http://Madronadelmarspa.com)